

“The Birth of Baby Jesus”...



FROM THE GOSPEL ACCORDING TO – *MATTHEW* - :

“When Jesus was born in Bethlehem.... Magi from the east arrived in Jerusalem, asking: “Where is the newborn king of the Jews? We saw his star at its rising and have come to do him homage.” (Matt 2:1-2)¹

MEDITATION ON THE MYSTERY:

Given that it is written, *“Today in the city of David a Savior is born” (Luke 2:11)*, have we asked ourselves, *“why specifically ‘in the city of David?’”* Surely one reason is that David was the great Psalmist: the man who left us an example of nearly every kind of prayer. Here, Lord, you are teaching us that the Savior is born in a place of prayer. (cf. *SLC*, p. 113)

FROM THE TEACHINGS OF THE CATHOLIC CHURCH:

- In regards to simple and fruitful prayer, St. Louis Maria de Montfort says: *“Happy is the priest and director of souls to whom the Holy Spirit has revealed this secret [of the Holy Rosary]...If he has a concrete knowledge [of it]...his word, even if unadorned, will obtain more fruit in a month than that of other preachers in many years.”*

(LOUIS M.G. DE MONFORT “The Marvelous Secret of the Holy Rosary to convert and to be saved” n. 1)

¹NABRE (USCCB)

FREE AND PERSONAL MEDITATION

(for a personal contribution to give to those who listen) :

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Then follows ...

- 1 Our Father ...
- 5 Hail Mary ...
- 1 Glory be to the Father ... (Sung)

- Praised be,,,
- O my Jesus, forgive us...
- Mary, Queen of Peace ...
- Then, a quick song relevant to the mystery / or one sings : “ Aveeeee, Aveeeee, Ave Maria”

Then one goes on to the next Mystery which (like this one) if possible must not take more than 5-7 minutes ...